

# *Platform -walker*



REHASENSE

User' Manual (EN)



CE

more than mobility

Dear customer,

This user manual contains a description of this medical device and important guidelines to ensure a correct and safe usage of the product. It is important prior to use to read this manual carefully. It is especially important to read the safety requirements and follow these.

REHASENSE continuously develops its products and so reserves the right to change the specifications and functions of products without notice.

By queries please contact your dealer or REHASENSE directly. The contact data is located on last page of this manual.

## 2 Platform ..... Intended Usage, Indications & Contraindications

**Intended usage:** The walker has been designed as an assistance walking aid for people who have mobility problems related to standing or walking independently. With this device those persons can stand, and walk more easily. The main purpose of this product is to provide balance during the gait as well as providing partial unloading of the upper limbs through the forearm supports, which can be adjusted in and out to fit the users trunk. The forearm supports can be adjusted up and down by a control lever connected to the gas strut. The hand grip and brake lever assemblies can be positioned independently to enable the best position for the User. Such a walker offers better support, balance and stability than regular rollators. The device may be used indoor only. Any other usage is prohibited

**Indications:** Individuals who, (because of the wide variety of possible health problems) require additional stable support during walking. Individuals under physical rehabilitation treatment after a surgical operation on their leg, foot or hip.

**Contraindications:** The device must not be used by persons who have serious problems with body balance or whose muscle strength is too low to be able to stand and walk, even with extra support of a walker. The need and possibility of usage of a walker by patient should be always estimated and indicated by a physician or physical therapist.

## 3 Platform ..... Security requirements

Make sure that this user's manual is read by all persons who use the device. The manufacturer doesn't take any responsibility for damages and/or injuries, caused by the fact that the user's manual has not been followed.



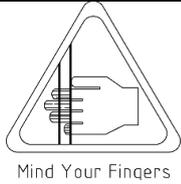
### Limitations for usage

- The device must not be loaded with more than 200 kg.
- The device is dedicated to be used only indoors on flat surfaces.
- The device may NOT be used as a stand-up helping aid.
- The gas spring is intended ONLY for support of adjusting the height of the armrests.
- The gas spring may not be used as additional power for standing up.
- The device may ONLY be used when the armrest supporting columns are locked in the right position with the position locking knobs.



### Avoiding accidents

- Use the device only for the purpose it is intended for.
- Use the device only in good technical condition.
- Avoid making constructive changes on the device, unless you have the manufacturer's written acceptance for such modifications.
- During different adjustments which are possible on the device the user must take care not to squeeze the fingers or other body parts between two moving elements of the device
- All wheels MUST be in contact with the floor at ALL TIMES during use. This will ensure the device is properly balanced and should avoid accidents.
- When using the device in a stationary position, the hand brakes MUST be locked.
- The brakes MUST be in the locked position before entering or leaving the device unattended.



Be careful. Fingers or other body parts of a user or/and assistant can be trapped between device's elements during assembling, disassembling or adjusting of the device. Be extremely careful when adjusting the device's characteristics. Observe the dimensions of gaps between device's elements to avoid trapping your fingers or other body parts.

## **4 Platform.....Delivery, assembly & product general description**

### **Description**

The Platform is a four wheel walker with a rigid frame made from powder coated aluminium with forearm supports equipped with push handles and brake handles for the user's safety and comfort. The device offers great manoeuvrability, stability and with forearm supports that can be adjusted vertically and horizontally... Platform is equipped with 4 parking brakes and 2 manoeuvre brakes activated by hand levers.

### **Delivery**

Walkers are supplied in cartons, disassembled - for easier transportation. The contents of a package are:

- 1 bottom frame with 4 wheels and brake handles
- 1 vertical supporting frame with 2 assembly bolts tighten in the bottom
- 1 set of forearm supports with 2 push handles
- 1 height adjustment gas spring with release lever
- 1 set of assembly tools (10 mm hexagonal ranch, 6 mm hexagonal ranch, 13 mm standard ranch)
- 1 user's manual

### **Initial Check**

Check the contents of the box with the list above. If you'd discover at that stage that some part is missing or damaged, do not continue the assembly process. Contact your supplier right away.

### **Assembly**

Please follow the assembly instruction steps shown on drawings in the page 7 of this manual.



After assembly or adjustments and before usage make sure, that all locking knobs and levers are securely locked, so that the device is stable and solid. Assure there are no unintended movements. Failure to follow this warning can result in personal injury.

#### Adjusting the height of forearm supports

- Loosen 2 position locking knobs located on support columns;
- Unlock the red height adjustment lever by pulling it up,
- Make adjustment to your desired height by pushing the forearm supports down or letting them to move up freely.
- Release the red height adjustment lever
- Tighten the 2 locking knobs.

Correctly adjusted forearm supports should be located on the height of user's elbows when standing with arms directed downwards.



The device should only be used with the 2 locking knobs tightened

#### Adjusting the width of forearm supports

- Loosen the 2 position locking knobs located under the forearm supports;
- Make adjustment of the supports to your desired width by sliding them outwards or inwards;
- Tighten the 2 locking knobs.

#### Adjusting length and angle of the push handles

- Release the 2 position locking levers located under the push handles,
- Make the adjustment to your desired length and angle, to make it easy and comfortable to grab the handles.

- Tighten the levers.

#### **Using the hand brakes**

- TO STOP THE WALKER simply pull the brake handles rearwards towards the hand grips.
- TO REMAIN STATIONARY hold the brake handles in the "REAR" position.
- TO START MOVING release the brake handles. They will move to the front automatically and the brakes will be released.

#### **Locking/unlocking the hand brakes**

- To lock the brakes push the brake handles to the front until you can hear the "click" sound.
- To unlock the brakes pull the brake handles backwards until you can feel them release.

#### **Locking/Unlocking the pedal parking brakes**

- To lock the brakes press with your foot on the brake pedal located at the wheel assembly until it locks. Repeat that for all 4 wheels.
- To unlock the brakes pull the brake pedal from the bottom with the nose of your foot until it unlocks. Repeat for all 4 wheels.



- *When using the device in a stationary position, the pedal brakes MUST always be locked.*
- *You should always engage the brakes when you don't plan to move the device.*
- *Never leave the device on slopes without brakes engaged!*

## **7 Platform ..... Cleaning description**

#### General:

Regularly clean the device and keep it clean.

Lighter dirt and dust can be removed with a wet cloth.

Larger parts can be removed with a non-corroding, mild washing agent and warm water.

Do not use harsh abrasives or bleach based cleaners, which may cause damage or discolouration.

Dry parts with a soft cloth.

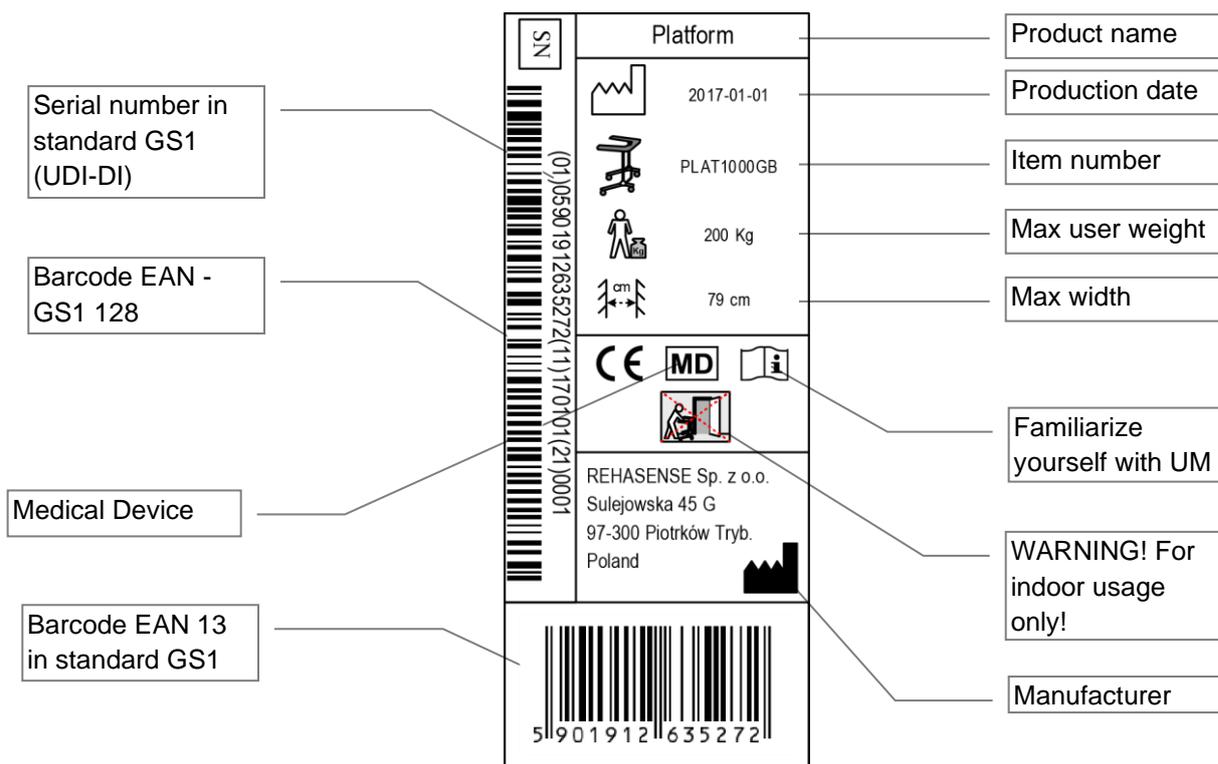
#### Wheels:

Clean wheels with warm water and mild cleanser. Dry with clean rag. For smooth operation remove any condensation of dirt, that may accumulate between wheels and forks.

## 8 Platform

## Label Description

The product label is placed on one of the bottom tubes of the main frame:



## 9 Platform

## Technical data

Max. load	200 kg
Wheels	4 x 4 inches turning castors with parking pedal brakes
Total weight with bag	17,7 kg
Length	800 mm
Width	700 mm
Width between forearm supports	370 mm
Height of the arm supports (adjustable)	905 - 1310 mm
Total height (at the top of push handles)	1000 - 1405 mm
Hand Brakes	2 x Independent hand brakes for maneuvering

## 10 Platform

## Transport description

The device is not a foldable product convenient for transportation. If it is necessary to transport it, we recommend to use a vehicle large enough, so there is no need to disassemble the device. If it is necessary to disassemble the device follow the assembly instruction from the last page, but in reverse order. The device should be transported and secured in a stable way and there is no risk of sudden and dangerous movements of the transported product.

## 11 Platform ..... Maintenance

- Ensure that every part of the device is fixed and secured at ALL times.
- Check all screws for tightness. If not, tighten if necessary
- Replace any broken, damaged or worn parts immediately.

## 12 Platform ..... Reuse

This medical device can be reused by another owner if the original owner of the product doesn't need it anymore. Before reuse the device must be carefully inspected by authorized technical staff.

Following elements should be checked:

- rigidity of the structure,
- tightness of bolts and nuts,
- condition of soft elements,
- condition of wheels and ball bearings,
- efficiency and condition of brakes.

If any of above elements are torn or broken, they should be replaced with new parts. It is specially recommended to install new wheels when the device changes ownership. All loose bolts and nuts must be tightened. The product must be precisely cleaned and disinfected

**WARNING!** It is forbidden to reuse the device if main frame is bent or broken.  
Every new owner must receive the device with this user's manual attached.

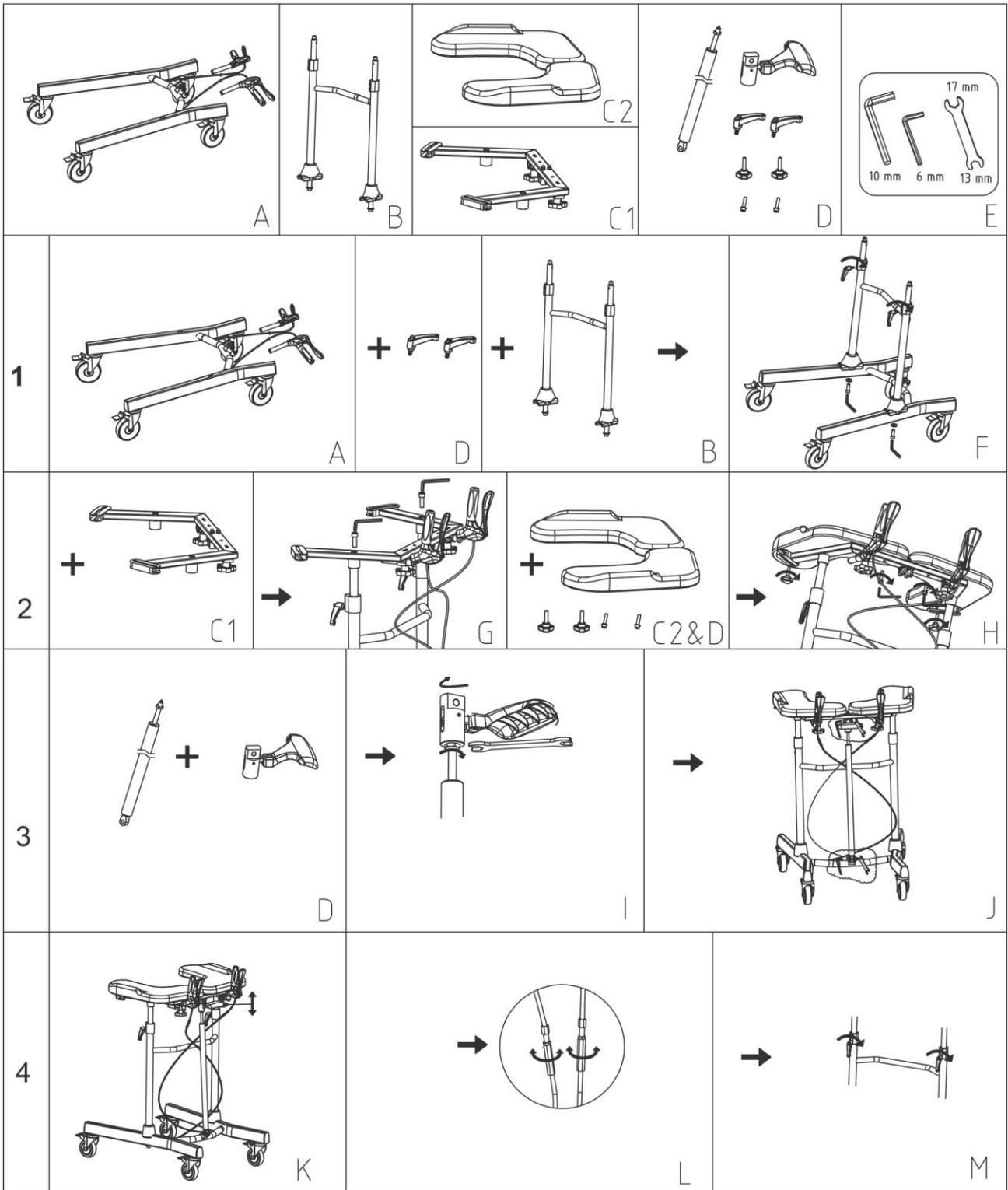
## 13 Platform ..... How to deposit the product

The device should not be deposited with normal garbage. It should be delivered to the deposit station for reuse or recycling.

## 14 Platform ..... Warranty

The producer offers 2 years of guarantee for errors in production. The guarantee is not valid by not-intended use of the product.

**APPENDIX 1: ASSEMBLY INSTRUCTIONS**





REHASENSE

In case of any technical questions contact your local distributor or directly with Rehasense.

**Distributor:**

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**Manufacturer**

**Rehasense® Sp. z o.o.**

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